

## CONTINUING COMPETENCY REQUIREMENTS AND APPROVED COURSES

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The College has developed the following information to assist applicants and members in determining what courses to take to meet the College's continuing competency requirements for initial and ongoing registration.

Section 7 of the Registration Regulation, O. Reg. 168/11 under the *Midwifery Act, 1991* outlines the requirements that **applicants** must meet to be issued a General or Supervised Practice certificate of registration. These requirements include proof of current training in neonatal resuscitation (NRP) completed within the previous 12 months, emergency skills (ES) and cardiopulmonary resuscitation (CPR) training completed within the previous 24 months. Applicants are required to submit certificates demonstrating successful completion of training in NRP, ES and CPR with their application form and any training certificates must be valid on the date of registration.

Section 12 of the Registration Regulation requires **midwives** to maintain current training in NRP, ES and CPR. To do this, the Regulation requires that every General class member provides proof of continuing competence, as satisfactory to the College, every year in NRP and every two years in ES and CPR.

To facilitate this process, all members registered in the General class must provide the College with proof of successful completion of training in the above-mentioned areas by the registration renewal deadline of October 1 each year. Alternatively, members who have instructor status/certification for NRP, ES and/or CPR may meet the continuing competency requirements by submitting proof of having completed instructor training and/or implemented full course instruction by October 1 each year.

Members are able to upload certificates of completion and course information via the online Member Portal.

If a member is **moving from the Inactive to General class** of registration, the member must ensure proof of current training is uploaded to the member portal to enable the class change. If re-training is required because a member's certificate has expired, based on the College's requirements, the member is expected to complete one of the approved courses listed below.

## College Requirements and Approved Courses

All continuing competency courses in NRP, ES and CPR must include a **theoretical and practical** component. Courses which are conducted solely online are not accepted.

### Neonatal Resuscitation

#### *Course requirements:*

- The Neonatal Resuscitation Program (NRP) course must be based on the most current edition of the Neonatal Resuscitation Program, including the Canadian medication standards, as required and administered by the Canadian Paediatric Society.

#### *Currently approved course:*

- NRP delivered through the [Canadian Paediatric Society \(CPS\)](#), all levels, advanced.

#### *Meeting the requirement:*

- Applicants must have successfully attended and completed the NRP training course as listed above within the 12-month period prior to application. Training must be current at the time of registration.
- Member must have successfully attended and completed the NRP training course as listed above within the 12-month period prior to October 1 each year.
- Members with NRP instructor status/certification must have taught the CPS NRP advanced course, all levels, at least once in the 12-month period prior to October 1 each year or have completed NRP instructor training and registration as outlined by the [CPS](#), in the 12-month period prior to October 1 each year.

#### *Proof of current training:*

- Applicants – submission of NRP card with applicant's name, course completion date, instructor name, hours, levels completed (i.e. 1-11), megacode – advanced with application form.
- Members – submission of NRP card with member's name, course completion date, instructor name, hours, levels completed (i.e. 1-11), megacode – advanced, uploaded to the Member Portal. The College only accepts **course/workshop certificates of completion**, we do not accept exam completion certificates.
- Members with NRP instructor status/certification – submission of valid NRP instructor card and course log showing date(s) course(s) were taught and logged with the CPS, uploaded to the Member Portal.

### Cardiopulmonary Resuscitation

#### *Course requirements:*

- A CPR training course at a minimum, must be at the **Health Care Provider (HCP)** level or **Basic Life Support (BLS)** level and must include training in accordance with the most recent Canadian Consensus Guidelines on First Aid and CPR developed by the Canadian Guidelines Consensus Task Force.

*Currently approved courses:*

- BLS Provider Course (Heart and Stroke Foundation)
- CPR BLS or CPR HCP (Canadian Red Cross or a Canadian Red Cross certified training partner)
- CPR BLS or HCP (Lifesaving Society)
- CPR BLS-HCP (St. John Ambulance)
- CPR BLS-HCP (Canadian Ski Patrol)
- CPR/AED-HCP (Lifesaver 101)
- CPR BLS or CPR HCP (Action First Aid)
- CPR HCP (Casualty Care First Aid Company)

*Meeting the requirement:*

- Applicants must have successfully attended and completed an approved CPR course, as listed above, within the 24-month prior to application and training must be current at time of registration.
- Members must have successfully attended and completed an approved CPR course, as listed above, within the 24-month period prior to October 1 each year.
- Members with CPR instructor status/certification must teach at least one of the approved CPR courses, as listed above, in the 24-month period prior to October 1 each year, or have completed course instructor training for one of the approved courses, as listed above, in the 24-month period prior to October 1 each year.

*Proof of current training:*

- Applicants – submission of a certificate indicating the successful completion of one of the approved CPR training courses, as listed above, at a minimum the certificate must include the applicant's name, the course name, organization and date of course with application form.
- Members – submission of a certificate indicating the successful completion of one of the approved CPR training courses, as listed above – at a minimum, the certificate must include the member's name, the course name, organization and date of course, uploaded to the Member Portal.
- Members with CPR instructor status/certification – submission of proof of having taught one of the approved CPR courses, as listed above, or having successfully completed course instructor certification – instructor card and information, such as a course log and the date(s) the course(s) were taught and/or the date of successful completion of instructor certification training, uploaded to the Member Portal.

## Emergency Skills

*Course requirements:*

- An emergency skills course focused on obstetric emergency skills and which includes at a minimum antenatal, intrapartum and postpartum haemorrhage, abnormal fetal heart rate, malpresentation and cord prolapse, shoulder dystocia, emergency breech birth, emergency twin birth.

*Currently approved courses:*

- Emergency Skills Workshop (ESW) (Association of Ontario Midwives, Midwives Association of Manitoba, Association of Alberta Midwives, Regroupement les Sages-Femmes du Québec).
- Midwifery Emergency Skills Program (MESP) (Association of Midwives of British Columbia).
- Obstetric Emergency Skills courses administered by a recognized Canadian Midwifery Education Program or Bridging Program.
- Advances in Labour and Risk Management (ALARM), (Society of Obstetricians and Gynecologists of Canada).

*Meeting the requirement:*

- Applicants must have successfully attended and completed an approved ES course, as listed above, within the 24-month period prior to application. Training must be current at time of registration.
- Members must have successfully completed an approved ES course, as listed above, within the 24-month period prior to October 1 each year.
- Members with ESW instructor status/certification must have successfully completed the Association of Ontario Midwives' ESW instructor training workshop or become an ESW senior instructor in the 24-month period prior to October 1.
- Members with ALARM instructor status/certification must have successfully completed the SOGC's ALARM instructor course and completed all the requirements to qualify as an instructor as outlined by the [SOGC](#) in the 24-month period prior to October 1.
- Members with ESW instructor status/certification who wish to meet the ES continuing competency requirement by way of teaching must demonstrate having taught all components and topics of the ESW course, including the minimum criteria, listed above, within the previous 24-month period prior to October 1.

*Proof of current training:*

- Applicants – submission of a certificate indicating the successful completion of an approved ES course – at a minimum, the certificate must include the member's name, the course name, organization and date of workshop/course with application form. The College only accepts **course/workshop certificates of completion**, we do not accept exam completion certificates.
- Members – submission of a certificate indicating the successful completion of an approved ES course – at a minimum, the certificate must include the member's name, the course name, organization and date of workshop/course, uploaded to the Member Portal. The College only accepts **course/workshop certificates of completion**, we do not accept exam completion certificates.
- Members with ES instructor status/certification – submission of instructor card and proof of having successfully completed the Association of Ontario Midwives' ESW instructor training workshop or become an ESW senior instructor, or proof of having successfully completed the ALARM instructor course and qualified to be an ALARM instructor, uploaded to the Member Portal.

- Members with ESW instructor status/certification who wish to meet the ES continuing competency requirement by way of teaching must demonstrate having taught all components of the ES course, and must be able to provide proof of having covered all topics including the minimum criteria, listed above, within the previous 24-month period – submission of instructor card and proof including course log and components taught to be uploaded to the Member Portal. The information will be reviewed to determine if the member meets the requirement.
- Members with ES instructor status/certification for one of the other approved courses can apply to the College to review their instructor training to determine if it meets the requirements.

### Applying for Course Approval

- Due to the current circumstances surrounding the COVID-19 Pandemic, the College is not accepting any new course approval submissions.

Revised and approved by the College staff on behalf of the Registration Committee JANUARY 15, 2021

Revised and approved by the Registration Committee NOVEMBER 15, 2019

Revised and approved by the Registration Committee MAY 23, 2019

Previously approved by the Registration Committee OCTOBER 1, 2018