

## CONTINUING COMPETENCY REQUIREMENTS AND APPROVED COURSES

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The College has developed the following information to assist applicants and registrants in determining what courses to take to meet the College's continuing competency requirements for initial and ongoing registration.

Both applicants and registrants are required to provide proof of current training in:

- Neonatal resuscitation (NRP), valid if completed within the previous 12 months,
- Emergency skills (ES), valid if completed within the previous 24 months, and
- Cardiopulmonary resuscitation (CPR) training, valid if completed within the previous 24 months.

### Requirements for applicants

Section 7 of the Registration Regulation, O. Reg. 168/11 under the *Midwifery Act, 1991* outlines the requirements that **applicants** must meet to be issued a General or Supervised Practice certificate of registration.

Applicants are required to submit certificates demonstrating successful completion of training in NRP, ES and CPR with their application form and any training certificates must be valid on the date of registration.

### Requirements for registrants

Section 12 of the Registration Regulation requires **midwives** to maintain current training in NRP, ES and CPR. To do this, the Regulation requires that every General class registrant provides proof of continuing competency, as satisfactory to the College.

To facilitate this process, registrants in the General class must provide the College with proof of successful completion of training in the above-mentioned areas by the registration renewal deadline of October 1 each year. Alternatively, registrants who have instructor status/certification for NRP, ES and/or CPR may meet the continuing competency requirements by submitting proof of having completed instructor training and/or implemented full course instruction by October 1 each year.

If a registrant is **moving from the Inactive class to the General class** of registration, the registrant must ensure proof of current training is uploaded to the Registrant Portal to enable the class change. If re-training is required because a registrant's certificate has expired, based on the College's requirements, the registrant is expected to complete one of the approved courses listed below.

## College Requirements and Approved Courses

All continuing competency courses in NRP, ES and CPR must include a **theoretical and practical** component. Courses which are conducted solely online are not accepted.

### Neonatal Resuscitation

#### *Course requirements:*

- The Neonatal Resuscitation Program (NRP) course must be based on the most current edition of the Neonatal Resuscitation Program, including the Canadian medication standards, as required and administered by the Canadian Paediatric Society.

#### *Currently approved course:*

- NRP delivered through the [Canadian Paediatric Society \(CPS\)](#), all levels, advanced.

#### *Meeting the requirement:*

- Applicants must have successfully attended and completed the NRP training course as listed above within the 12-month period prior to application. Training must be current at the time of registration.
- Registrants must have successfully attended and completed the NRP training course as listed above within the 12-month period prior to October 1 each year.
- Registrants with NRP instructor status/certification must have taught the CPS NRP advanced course, all levels, at least once in the 12-month period prior to October 1 each year, or have completed NRP instructor training and registration as outlined by the [CPS](#), in the 12-month period prior to October 1 each year.

#### *Document requirement demonstrating proof of current training:*

- Applicants – an NRP card with applicant’s name, course completion date, instructor name, hours, levels completed (i.e., 1-11), megacode–advanced, submitted with application form.
- Registrants – an NRP card with registrant’s name, course completion date, instructor name, hours, levels completed (i.e., 1-11), megacode–advanced, uploaded to the Registrant Portal when requested by the College. The College only accepts **course/workshop certificates of completion and does not** accept exam completion certificates.
- Registrants with NRP instructor status/certification – a valid NRP instructor card and course log showing date(s) course(s) were taught and logged with the CPS, uploaded to the Registrant Portal when requested by the College.

## Cardiopulmonary Resuscitation

### *Course requirements:*

- A CPR training course at a minimum, must be at the **Health Care Provider (HCP)** level or **Basic Life Support (BLS)** level and must include training in accordance with the most recent Canadian Consensus Guidelines on First Aid and CPR developed by the Canadian Guidelines Consensus Task Force.

### *Currently approved courses:*

- BLS Provider Course (Heart and Stroke Foundation)
- CPR BLS or HCP (Action First Aid)
- CPR BLS or HCP (Canadian Red Cross or a Canadian Red Cross certified training partner)
- CPR BLS or HCP (Lifesaving Society)
- CPR BLS-HCP (Canadian Ski Patrol)
- CPR BLS-HCP (St. John Ambulance)
- CPR/AED-HCP (Lifesaver 101)
- CPR HCP (Casualty Care First Aid Company)

### *Meeting the requirement:*

- Applicants must have successfully attended and completed an approved CPR course, as listed above, within the 24-month period prior to application and training must be current at the time of registration.
- Registrants must have successfully attended and completed an approved CPR course, as listed above, within the 24-month period prior to October 1 each year.
- Registrants with CPR instructor status/certification must teach at least one of the approved CPR courses, as listed above, in the 24-month period prior to October 1 each year, or have completed course instructor training for one of the approved courses, as listed above, in the 24-month period prior to October 1 each year.

### *Document requirement demonstrating proof of current training:*

- Applicants – a certificate indicating the successful completion of one of the approved CPR training courses, as listed above, at a minimum the certificate must include the applicant's name, the course name, organization and the date of the course, submitted with the application form.
- Registrants – a certificate indicating the successful completion of one of the approved CPR training courses, as listed above – at a minimum, the certificate must include the registrant's name, the course name, organization and date of the course, uploaded to the Registrant Portal when requested by the College.
- Registrants with CPR instructor status/certification – proof of having taught one of the approved CPR courses, as listed above, or having successfully completed course instructor certification – instructor card and information, such as a course log and the date(s) the course(s) were taught and/or the date of successful completion of instructor certification training, uploaded to the Registrant Portal when requested by the College.

## Emergency Skills

### *Course requirements:*

- An emergency skills course focused on obstetric emergency skills, which includes at a minimum antenatal, intrapartum and postpartum haemorrhage, abnormal fetal heart rate, malpresentation and cord prolapse, shoulder dystocia, emergency breech birth, and emergency twin birth.

### *Currently approved courses:*

- Emergency Skills Workshop (ESW) (Association of Ontario Midwives, Midwives Association of Manitoba, Association of Alberta Midwives, Regroupement Les Sages-femmes du Québec).
- Midwifery Emergency Skills Program (MESP) (Association of Midwives of British Columbia).
- Obstetric Emergency Skills courses administered by a recognized Canadian Midwifery Education Program or Bridging Program.
- Advances in Labour and Risk Management (ALARM), (Society of Obstetricians and Gynecologists of Canada).

### *Meeting the requirement:*

- Applicants must have successfully attended and completed an approved ES course, as listed above, within the 24-month period prior to application. Training must be current at time of registration.
- Registrants must have successfully completed an approved ES course, as listed above, within the 24-month period prior to October 1 each year.
- Registrants with ESW instructor status/certification must have successfully completed the Association of Ontario Midwives' ESW instructor training workshop or become an ESW senior instructor in the 24-month period prior to October 1.
- Registrants with ALARM instructor status/certification must have successfully completed the SOGC's ALARM instructor course and completed all the requirements to qualify as an instructor as outlined by the [SOGC](#) in the 24-month period prior to October 1.
- Registrants with ESW instructor status/certification who wish to meet the ES continuing competency requirement by way of teaching must demonstrate having taught all components and topics of the ESW course, including the minimum criteria, listed above, within the previous 24-month period prior to October 1.

### *Document requirement demonstrating proof of current training:*

- Applicants – a certificate indicating the successful completion of an approved ES course – at a minimum, the certificate must include the applicant's name, the course name, organization and date of workshop/course, submitted with the application form. The College only accepts **course/workshop certificates of completion** and **does not** accept exam completion certificates.
- Registrants – a certificate indicating the successful completion of an approved ES course – at a minimum, the certificate must include the registrant's name, the course name, organization and the date of the workshop/course, uploaded to the Registrant Portal when

requested by the College. The College only accepts **course/workshop certificates of completion and does not** accept exam completion certificates.

- Registrants with ES instructor status/certification – instructor card and proof of having successfully completed the Association of Ontario Midwives' ESW instructor training workshop or become an ESW senior instructor, or proof of having successfully completed the ALARM instructor course and qualified to be an ALARM instructor, uploaded to the Registrant Portal when requested by the College.
- Registrants with ESW instructor status/certification who wish to meet the ES continuing competency requirement by way of teaching must demonstrate having taught all components of the ES course and must be able to provide proof of having covered all topics including the minimum criteria, listed above, within the previous 24-month period – submission of instructor card and proof including course log and components taught to be uploaded to the Registrant Portal when requested by the College.
- Registrants with ES instructor status/certification for one of the other approved courses can apply to the College to review their instructor training to determine if it meets the requirements.

### Applying for Course Approval

- If an applicant, registrant or organization believes that they are able to demonstrate that a course, not listed as one of the approved courses for NRP, CPR or ES, meets or exceeds the minimum criteria listed above, then the applicant, registrant or organization may submit a proposal and supporting documentation to the College who will review it using the criteria outlined in the Criteria for Approving Continuing Competency Courses to determine if the course is acceptable for meeting one of the continuing competency requirements.

If a registrant intends to use the course to meet a class change or renewal requirement, the registrant should submit the course information and supporting documentation with sufficient time prior to the date the requirement must be met, for the College to review the submission and to make a determination. At a minimum, an application for course approval needs to be submitted twelve (12) weeks prior to the renewal deadline of October 1 or a class change date.

To apply for course approval, please complete the form linked [here](#).

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